

MFT CAMHS Self-Referral Form

About this referral to CAMHS

- This form is for parents/carers or young people aged 13 years and over to refer to CAMHS. If you are under 13, you can ask a parent/carer or your GP to make the referral.
- We can only see children and young people who are registered with a GP in this area
- We can only accept referrals from parents/carers who have legal responsibility for the young person.
- CAMHS is not able to provide support in an emergency. If you require immediate help, you should contact your GP or attend A&E.
- When we have received this form, we may call you for further information. We will let you know if the referral has been accepted or not and the reasons why.
- We will not be able to process your referral if you do not fully complete all sections of this form.

Who is making this referral?

Are you: A Young Person **Your Name:**
 A Parent or Carer

GP Information

GP's Name:		GP's Phone Number:	
GP's Address:		Does your GP know that you're making this referral to CAMHS?	

Child/Young Person's Details:

If you are a Parent/Carer please complete this section:

Child / YP's Name:		Parent/Carer's Name:	
Date of Birth:		Your Relationship to the Child / YP:	
Child / YP's Gender:	Male / Female / Trans	Do you have legal responsibility for the Child/YP?	
Child / YP's Ethnicity		Parent / Carer's Address:	
Child / YP's Address:		Parent / Carer's Phone Number:	
Child / YP's Phone Number:		Does the Child / YP consent to this referral?	
Does the Parent/Carer consent to this referral?			

Other Information			
Name of School/College where you work:		Does they know about this referral?	
Name of Social Worker and address: (if applicable)		Does the Social Worker know about this referral?	

Please describe the difficulties you would like help with.

Is anyone else concerned about these difficulties?

How long have these difficulties been going on for?

How do you think CAMHS can help?

Full Name

Signature

Today's Date

Please return to:

If you live in South Manchester

South Manchester CAMHS
Stratus House
South Moor Road
Wythenshawe
M23 9XD
Tel: 0161 902 3400
cmm-tr.SouthManchesterCamhs@nhs.net

If you live in North Manchester

North Manchester CAMHS
The Bridge
Central Park Unit C
Manchester
M40 5BP
Tel: 0161 203 3250/3255
cmm-tr.NorthCamhs@nhs.net

If you live in Central Manchester

Central Manchester CAMHS
The Winnicott Centre
195 – 197 Hathersage Road
Manchester
M13 0JE
Tel: 0161 701 6880
cmm-tr.CentralManchesterCamhs@nhs.net

If you live in Salford

Salford CAMHS
Pendleton Gateway
Salford
M6 5FX
Tel: 0161 211 7260
cmm-tr.Salford-CAMHS@nhs.net

Other agencies that might be helpful:

- Early Intervention Psychosis Service - 0161 277 6830
- Eclypse substance misuse service - 0161 273 6686
- Childline (Free, 24hrs): 08001111 - www.childline.org.uk
- NSPCC/ChildLine online advice - www.there4me.com
- Samaritans: 0345 909090 / 0161 236 8000 - www.samaritans.org.uk
- The National Self Harm Network - www.nshn.co.uk
- Kooth online advice for 10 - 25 year olds - www.xenzone.com
- Papyrus prevention of suicide - 0800 068 4141
- 42nd Street - 0161 228 1888
- Manchester Mind – 0161 226 9907
- NHS Direct – 0845 46 47